



**KAREN'S FOOD TREND:** In my last post, I talked about food trends that were influencing the 2015 food scene. Two in particular were gaining steam: homemade and pickling.

Now, let's introduce two more food trends for 2015!

*Global Goods:* It's not surprising that ethnic cuisine continues to ease its way into mainstream menus. Americans are becoming more adventurous, sophisticated and open-minded about their food! You'll find more fusion cuisines in the food scene as well as the use of ethnic ingredients in non-ethnic dishes. Foods like ramen and ethnic street food are gaining attention from food fans.

*Junior Gourmet:* Adults aren't the only ones dining in restaurants – and chefs know this! Forget the days of boring hot dogs and blah macaroni and cheese on kids' menus. Nowadays junior gourmets – with adventurous palates – are getting star treatment from chefs and restaurateurs. Look for healthier versions of kids' classics, including items that feature whole grains, more vegetables, and organic ingredients. Also, you'll notice more entrée salads and oven-baked options for kids.

Happy eating, everyone!